

WINDHAM HIGH SCHOOL

VOLUME 3

JANUARY 2012

ISSUE 5

Principal's Message

Important Dates

2/1 Junior Parent Night
6:30 p.m.

2/2 to 2/4 NHMEA Jazz
All State

2/7 & 2/10 Cap & Gown
measurements

2/16 Career Day

2/20 Early Release Day

2/24 Program of Studies
available

2/27 to 3/2 Winter
Break

3/5 Course selection
goes live

3/7 & 3/8 Parent
Teacher Conferences

3/14 Winter Sports
Awards

3/9 & 3/10 and
3/16 & 3/17
WHS Musical-"Phantom
of the Opera"

4/14 WHS Road Race

The Second Half

As we reach the midpoint of the year and midterm examinations are finishing up, we reflect upon the past five months while looking ahead to our immediate future. The second semester officially commences on Thursday, January 26. Our students will begin the semester with an 'A' Day on Thursday followed by a 'B' Day on Friday. Our freshmen class will be meeting with the Guidance department on January 31 during their Advisory block to receive their codes for the Naviance system. For those of you that are unfamiliar with Naviance, this intuitive and informative portal assists our students as they work with guidance to develop and implement a plan that will make them college or career ready upon graduation.

Graduation Update

Although June is five months away, planning for our inaugural graduation is well underway. The ceremony is tentatively scheduled for Friday, June 8 at 6p.m. on the Windham High School campus. University Cap and Gown will be at Windham High School in February to measure the Class of 2012 for their personal caps and gowns.

Laptop Collection

Throughout the year, we have heard from a number of students who have had a problem with system crashes, known as the black screen, due to an issue with the remote filtering software. The tech department has found a permanent solution to this issue. In order to eliminate it, the tech department will be collecting all student laptops before February vacation to do a complete re-imaging. Students should be regularly syncing their laptops while at school, but it is also recommended that they back up their data at home as well. More specific details will be shared with the students in the coming weeks regarding the collection process.

The Program of Studies

This year's edition of the Program of Studies will be delivered to both students and parents electronically; saving significant money. The process of signing up for courses will also be completed electronically. The Program of Studies will be delivered on Friday, February 24, allowing students and parents to peruse and discuss potential classes for the upcoming year. The selection process will not conclude until Friday, March 9. Parent conferences will be on March 7 and 8, allowing parents and teachers to discuss appropriate choices for next year.

All-State Jazz Festival

Windham High School will once again be hosting the All-State Jazz Festival on February 2-4. The festival brings together the top jazz students from across the state to share their talents and perform for judges, family and friends. Although we are accustomed to hearing music resonate throughout the halls at WHS, for these three days the pace, passion and performances will reach new heights. This occasion will be another opportunity for our students to showcase their talents under the direction of Ms. Sayward and Mr. Cassedy.

Principal's Message continued

Principal's Blog

In an effort to maintain effective and consistent communication, I have started a blog to provide timely information outside of the monthly updates through the newsletter. The blog is located at <http://whsprincipalsblog.blogspot.com/>. We are also working on revamping our website to maintain and improve our presence on the web. This new design will allow for seamless integration with social media, providing timely updates for parents, students and the community.

Even though we find ourselves in midwinter, there is a flurry of activity at WHS. Our winter athletic teams are reaching their midseason; the theatre department is working on their upcoming performance of "Phantom of the Opera" and our business students are preparing for their initial foray into the state DECA competition.

I hope you have an opportunity to enjoy some of these and other events that will be taking place at Windham High School over the next couple of months as we look forward to warmer days and longer afternoons.

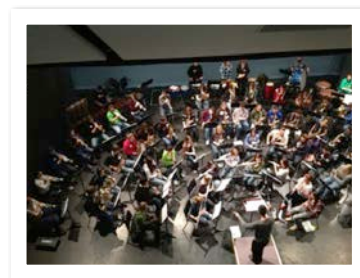
Warmest Regards,

Tom

Academically Speaking...

Greetings from the Music Department!

The Windham High School Concert Band and Honors Choir have been prepping for a very busy spring semester. The ensembles will be performing for adjudication again this year at the NHMEA Large Group Festival on Saturday, March 24, 2012 at Bow High School in Bow, NH. The festival is a wonderful way for students to receive feedback and a rating on their performances from renowned adjudicators.



Congratulations to our students that participated in the Belknap Mountain Invitational Band Festival in Gilford, NH, which took place on Friday, January 6, 2012. Dr. Andrew Boysen of the University of New Hampshire conducted the ensemble comprised of students from Gilford, Belmont, John Stark, Goffstown, and Windham. Windham students showed extremely well and we are very proud of their performance!

Congratulations to our students that participated in the NHMEA All State Chamber Ensemble at Timberlane Performing Arts Center on Saturday, January 7, 2012. The students worked in small ensembles, with renowned educators, clinicians, and musicians for a wonderful evening of music. These students are some of the very best high school musicians in the state. We are again, very proud of the talents our students have here at Windham High School!

Please mark your calendars for the NH Music Educators Association Jazz All State Festival, which will once again be hosted by WHS on Thursday, February 2, through Saturday, February 4, 2012. One hundred-ten of the top jazz vocalists and instrumentalists will be here to rehearse and perform some of the most timeless jazz literature. Our own students, Jake Simard, Patrick Stap, Julia Enos, Cassie Cole, and Patrick Fitzgerald have all been accepted to the festival, and we are proud to have them represent WHS.

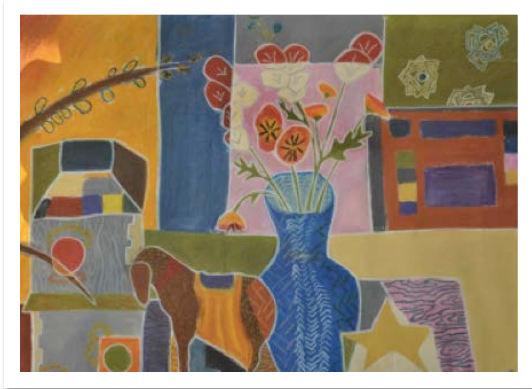
A highlight of the festival will be the Friday night Thirtieth Anniversary Celebration Alumni Concert to recognize the NH educators who were former Jazz All State participants over its 30 years of existence. The public is invited to this concert as well as to the Saturday Student Concert. Tickets are \$10.00 and \$15.00, respectively.



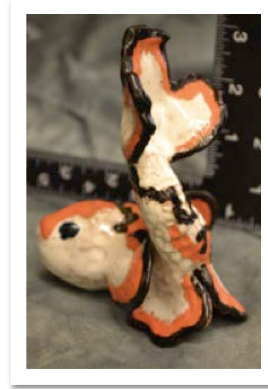
Greetings from the Art Department!

This month brings exciting news. The Scholastic Art Award results are in.

This is the largest and most prestigious high school art show in the state of New Hampshire. It is an honor to be selected to enter the competition. Out of the many nominees, a panel judges which pieces will be shown at the exhibition hosted by Pinkerton Academy. It is highly competitive. Both the winners and the participants are to be congratulated for this achievement. Please congratulate the winners from Windham High School:



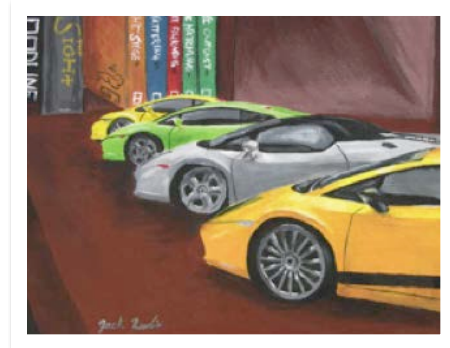
Gold Key
Natalya Tausanovitch-Pastel Still Life Drawing



Silver key
Ryan Champiny-Koi Sculpture



Honorable Mention
Jae Mawby-Americana Boot, Ceramics & Glass



Honorable Mention
Zachary Nardini - My Collections, Painting

This year the nominees from Windham High School were: Sarah Cauthen, Ben Sweetser, CJ DiPrima, Ryan Champiny, Colby Putnam, Jae Mawby, Jen Peet, Lauren Duffin, Sean Joseph, Natalya Tausanovitch and Zach Nardini.

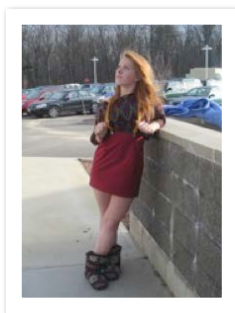
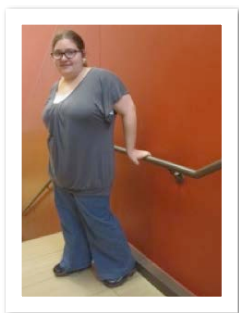
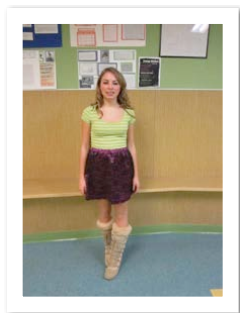
The exhibition is hosted this year at Pinkerton High School's Stockbridge Theater, January 23rd through February 4th. Gallery viewing hours are Monday-Friday 9:00-4:00 and Saturday, February 4th, 10:00-2:00.

Greetings from the Family and Consumer Science Department!

The semester is winding down for the Fall Fashion classes. The students have been hard at work completing their projects.

Fashion I students have demonstrated their pattern reading skills by making skirts. It is a pleasure to watch how independently the students are working and how well they can read a pattern! They are each a unique creation and the students have taken their designs to the next level. Fashion II awaits!

Fashion II students have finished their garment projects and are excited about participating in the Spring Fashion Show in April. Come and see what they have created.



Foods and Nutrition: January was about preparing for finals. The students put together a digital cookbook for their final. The cookbook is very impressive, and contains a variety of delicious recipes, all of which the students are able to make. The students also demonstrated their cooking skills for the final. Recipes will be posted on Moodle; they are scrumptious!

If you are looking for a recipe to warm you up on those cold January nights, below is an easy Bacon Potato Soup. Don't forget to serve with a big piece of corn bread and a nice salad!

BACON POTATO SOUP

- 6 slices of thick bacon
- 1- 2 teaspoons olive oil
- 1/2 cup chopped onion
- 4 cups low fat, low sodium, chicken broth
- 4 cups cubed potatoes
- 1/8 teaspoon cayenne pepper
- 1/2 cup shredded Cheddar cheese (optional)
- 1/2 teaspoon kosher salt

1. Cook bacon until crisp in 3-quart saucepan, remove and drain well on paper towels. Discard bacon grease and wipe pan thoroughly with paper towel.
2. Meanwhile, prepare vegetables. Add olive oil to saucepan and add onion. Sauté until onion is soft but not brown, about 3-4 minutes.
3. Stir in chicken broth, potatoes, and pepper; bring to a boil and reduce heat. Simmer and cover, until potatoes are tender, about 10-15 minutes.
4. Stir in cheese, heating just until melted-do not boil. Chop bacon and add to soup. Adjust seasoning to taste by adding salt, if desired. Serve.



Human Relations

The first portion of this semester's final was a group project which asked the students to consider what they thought to be the most important issue they had studied. They created a video that will later be shown on the school news to make other students aware of current issues facing the WHS population, how to handle them and where to get help. They finished up with a written final that again brings the topics of the class to reality.

Parenting and Child Development

The grand finale of the course was the Windham High School Daycare Day. It was a huge success and the preschoolers lasted longer than the high school students. It all became real after spending an entire semester teaching the students about the long hours, discipline issues and the endless energy of children. We finished with a written final giving case studies of each age group. Students should walk away with a strong basic understanding of childcare that will benefit them as parents or teachers.



"Phantom of the Opera" Coming to the WHS Stage in March

Andrew Lloyd Webber's "Phantom of the Opera" is this year's late winter musical production for the WHS theatre program. With four 7:30 p.m. performances slated for two weekends, March 9-10 and 16-17, "Phantom" is a monumental undertaking for the actors, singers, musicians, stage crew, and set construction involved with the production. Part of the pre-production work has been accomplished by the Stage Design and Technology course students, but much work is yet to be done on the massive and complex sets needed for the show. If you wish to be involved with the weekend set construction work, please contact George Kendall (gkendall@windhamhighschool.org) for dates and time.

Reserved seat tickets for all shows will be available beginning in late February.



Tech-knowledge ~ Windham Windup Back in Action

The Windham High School FIRST Robotics team, The Windham Windup, is back for a second season and looking better than ever! With the release of the 2012 FIRST Robotics Competition (FRC) challenge, they are busy designing, building, and of course, learning all about the science, technology, engineering and math required to field a successful robot. This year, the team plans to attend two regional competitions, in Manchester, NH and Hartford, CT, and if all goes well, perhaps make a repeat appearance at the FIRST World Championship in St. Louis, MO. All competitions are free and open to the public, so the team would like to invite everyone in the community to come out and show your support!

This year's robotics game, "Rebound Rumble", puts a spin on the classic game of basketball, and is played on an indoor "court" between two alliances of three teams each. Each alliance competes by trying to have its robot score basketballs in an array of four hoops at opposing ends of the court. Balls scored in higher hoops score teams more points. Midcourt features a barrier to impede the progress of robots, as well as tilting bridges that robots may use to ease their travel over the barrier. Team alliances are awarded bonus points if they are balanced on these bridges at the end of the match.

At the worldwide FRC Kickoff on January 7th, FRC teams were introduced to the new game, and received a kit of parts made up of motors, batteries, a control system, a PC, and a mix of automation components – but no instructions! Working with adult mentors, students have six weeks to design, build, program, and test their robots to meet this season's engineering challenge. Once these young inventors create a robot, their teams participate in competitions that measure the effectiveness of each robot, the power of collaboration, and the determination of students. Please visit www.usfirst.org for more information about FIRST and this year's challenge.

For 2012, Windham High School is fielding a team of 25 students, ranging from freshmen to seniors, and 10 adult mentors. WHS Technology teacher, Scott Kukshel, serves as Lead Advisor and is a nine-year FIRST volunteer and mentor. The team is also grateful to have NASA, JCPenney, BAE Systems, and Comcast as major sponsors. However, building a robot, paying registration fees, and traveling to competitions is not an inexpensive proposition, so the team is always looking for more sponsors and supporters. There are tax and promotional benefits available for all supporters, whether individual or corporate. For more information on how to support the team, to find out where they will be competing next, or just to wish them luck, visit the team's website at www.team3467.org. Thank you for your support!



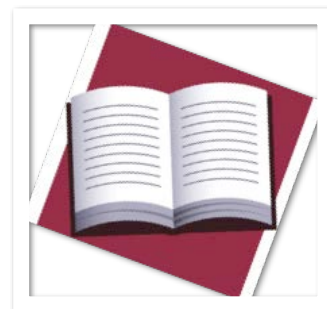
Members from the Windham High School FIRST Robotics team, The Windham Windup, have high hopes for this year's Robotics competitions.

This month in the Media Center.....

January is in full swing and so is the WHS Media Center with the start of several research papers and mid-term exams. We have had lots of classroom visits for information on research skills, database usage, website evaluations, citation information, study skills and much more. For all of the classes we worked with, library study guides were created using Libguides, the Media Center website, so that students have all of their research information in one place. The guides can be found on the [Library Media Center](#) webpage on the "[Guides for classes](#)" tab. Be sure to check them out. It is a great tool and really helps to keep the students focused on the task being assigned to them.

Looking for a new read? We will be displaying "Popular Fiction" materials for the Western Humanities classes once mid-term exams are completed. We also have an additional display of books that just arrived in the Media Center. Stop in and take a look. You might be surprised at what you will find.

If you enjoy reading make sure you check out the WHS Book Club. They meet monthly to read and discuss books. They currently meet in room G227 before school. You can contact Mr. Naroian for more information or check out the WHS Book Club Moodle page. Happy Reading!



Athletics

Save The Date For The First Annual WHS Road Race to Raise Money For Our Own Track!

We are organizing a 10K road race and 1 mile fun run / walk as a fundraiser to build an outdoor track at Windham High School. What better way to raise funds then to put on an amazing road race?

Date: April 14, 2012 (Saturday)

Rain / snow (please no :) / or shine

Time: 10K begins at 9 a.m.

1 mile fun run/walk begins at 11 a.m.

Location: Begins at Windham High School

Pre-registration and further details will be up soon on coolrunning and active.com.

Hope you can join us. It will be a very challenging course (can you say HILLS?!)

Race Directors:

Kate Jackson, Windham High School Girls' Cross Country Coach /Middle / Long Distance Winter Track Coach
katetri@comcast.net

Ryan O'Connor, Windham High School Head Indoor and Outdoor Coach and
Officer Jessica Flynn, Windham, NH

Who's Taking Care of Your Student Athlete?

At Windham High School we are able to offer your child first class sports medicine care with an onsite athletic trainer, Kevin Bugeau, ATC and dedicated team physician, Heather Killie, MD through the Safe Sports Network. This unique program coordinated by the NH Musculoskeletal Institute offers evaluation, treatment and rehabilitation of athletic injuries for student athletes. Having an athletic trainer on site who is able to prevent and care for injuries is an invaluable resource to keep your child safe. A great example is sports concussion, which can have long-term impact on your young athlete if it's not recognized or treated appropriately. Kevin works with Dr. Killie and the staff at Sports and Rehab on a daily basis to ensure quality care and immediate access to help diagnose and treat sports injuries suffered by Windham HS athletes.

The Safe Sports Network provides outreach to nine local high schools, free injury drop-in clinics, free annual physicals, fast medical care, and coach and community education. To learn more about Safe Sports and what it can do for your son or daughter please visit nhmi.net or like them on Facebook at facebook.com/Safesports.



Meet Your Windham High School Sports Medicine Team!

WHS Athletic Trainer, Kevin Bugeau, ATC (603) 537-2400 x2240
kbugeau@windhamhighschool.org

Kevin Bugeau, ATC graduated from Springfield College in the spring of 2008 with a Bachelor's of Science degree in Athletic Training. He became part of the Safe Sports team in August of 2010, serving as the Head Athletic Trainer at Windham High School. Kevin also spends time in the clinic at Derry Sports and Rehab seeing patients and athletes. He shares a strong passion for both sports and injury care, and enjoys the challenge of keeping young athletes healthy and safe, on and off the field.



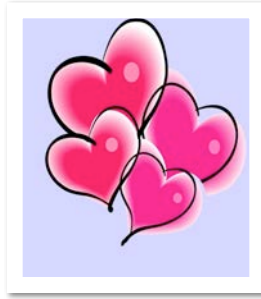
Heather C. Killie, MD is board certified by the American Board of Orthopedic Surgery. She practices general orthopedics and specializes in sports medicine at the **New Hampshire Orthopedic Center**. Dr. Killie graduated from the University of Massachusetts Medical School, Worcester, Massachusetts. She went on to complete her internship and residency there as well. She is fellowship trained in Sports Medicine from Union Memorial Hospital, Baltimore, Maryland. Dr. Killie is also a resident of Windham.

www.nhmi.net

www.sportsandrehab.com

www.tocnh.com

Guidance News



Seniors: Cap and Gown Measurements

University Cap and Gown will be here on Tuesday, February 7th and Friday, February 10th to measure for Caps and Gowns. Measurements will be taken during all lunches. Please stop by the lobby for your measurements.

February 1-NHHEAF Junior Parent Night

Join us February 1st for an overview of the college process. Please meet in the Auditorium at 6:30p.m. when NHHEAF presents the time line for juniors and their parents.

WHS Course Selection goes live March 5th: Parents and students will be able to review the Program of Studies starting February 24th, on line registration begins Monday March 5th and remains open for 2 weeks.

Career Day -2/16/12

All students will participate in Career Day on Thursday February 6th. Each student will be given the opportunity to attend three break-out career sessions. This is an exciting opportunity for students to explore various career choices.

Trivia Night to benefit Dollars for Scholars-2/17/12

There is still room for a few more teams for Trivia Night at Margaritas. Applications are available on the WHS website under Guidance-Please feel free to contact Julie Lichtmann at 537-2400 x7203 for more information.

Princeton Review SAT Class

Starting March 3rd, the Princeton Review will offer a 6-week course at WHS to prepare your student for the SAT's. Juniors will receive a mailing from the Princeton review with all the information. The course cost is \$499.00. See your guidance counselor for further information.

Windham High School will once again host the SAT's on Saturday May 5th.

Looking head to May-AP Exams will be given the weeks of May 7th and 14th.

Service Office News

Coming Soon.....

Career Day Thursday, February 16 2012

The Guidance and School to Career Offices are working with members of the community to coordinate an exciting career day event for the students.

CAREER DAY (12:00-2:17): Students will have the opportunity to interact with career professionals and discuss various career paths and the requirements necessary in each respective field of study. Students will participate in 3 career seminars.

BUSINESS AFTER HOURS (5:30-7:00 pm): Salem Chamber of Commerce members and business professionals will have the opportunity to network with one another prior to student's arrival at the Business Expo. Open to business participants only.

BUSINESS EXPO (7:00-9:00 pm): Students will have the chance to meet and further discuss career options with business representatives from earlier in the day. This is an individualized opportunity for students to network and find out more about the job or career they'd like to pursue. Students may wish to inquire about potential after school, summer and internship positions.

*When meeting prospective employers, first impressions are important; we encourage students to dress for success in business casual.

